

Dentists

What to Bring Checklist

2017 Pueblo COMOM



If you have limited access to dental instruments / supplies, or have questions, please contact your department lead as shown on page 5.

Be sure personal instruments and supplies are marked with your identification.

GENERAL ITEMS FOR ALL DENTISTS

- Containers to store and transport instruments with multiple compartments (such as plastic divided containers, fishing tackle box, or multi-drawer wheeled unit)
- Personal equipment/supplies that you are accustomed to using and will ease your COMOM experience
- Comfortable clothing and closed-toed shoes
- Operator and assistant stools/chairs

A limited number of portable stools will be available but COMOM strongly encourages you to bring your own for maximum comfort.

- Headlight and extra batteries
This would be an adjunct to a freestanding halogen light beside each chair.
- Loupes and/or operator safety glasses
- Patient safety glasses
- Masks and gloves
Masks and gloves will be available, but consider bringing these items if you have a special preference.
- Power strip to enable more electrical outlets
- Bib chains or holders
- DEA number for prescription writing
COMOM security forms are to be used for writing prescriptions for medications not available at the clinic site.
- Pens with **blue** ink for charting

DEPARTMENT SPECIFIC ITEMS

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RESTORATIVE

**If you have limited access to dental instruments / supplies,
please contact Bob Meyer, DMD at 719.351.2152 or bdmeyer@comcast.net.**

Supplies for treating 15-20 patients per day (expanded duty assistants and a limited number of second chairs available for those interested)

- Local Anesthetic and three syringes; bring a few carpules without epinephrine.
Patients normally go to numbing stations prior to coming to your dental chair, but may need some additional anesthetic to supplement what has been used.
- Topical Anesthetic
- Amalgam, composite and/or glass ionomer restoration materials

<ul style="list-style-type: none"> <input type="checkbox"/> Amalgam capsules <input type="checkbox"/> Glass Ionomer material and applicator (if normally used) <input type="checkbox"/> Matrix holders, bands, and wedges <input type="checkbox"/> Base material (like Vitrebond) 	<ul style="list-style-type: none"> <input type="checkbox"/> Composite materials <input type="checkbox"/> Composite guns <input type="checkbox"/> Bonding agent and Etchant <input type="checkbox"/> Finishing supplies (polishing materials, strips, 12 blades, etc.) <input type="checkbox"/> Retraction cord, hemostatic agents
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- Rubber dams, holders, clamps with clamp placers, and hole punch
- Curing light
- Articulating paper and holders
- 4 or 5 instrument set-ups for the varied procedures that you will perform at COMOM
- 3 or 4 high-speed and slow-speed handpieces (four holed) with desired attachments
COMOM will have a limited number of handpieces and instruments available
- Straight handpiece
- Handpiece lubrication
- 3 or 4 bur blocks with extra burs you normally use
- Acrylic burs to adjust partial dentures
- Cement for recementing crowns
- Assorted mouth props (if normally used)
- Hand-held mirror for patient instruction

ORAL SURGERY

If you have limited access to dental instruments / supplies,
please contact Michael Burnham, DDS, MD at 303.809.1150 or m-burnham@comcast.net.

Basic Surgical Tray Instruments, i.e., (It is very advantageous to bring 3 set ups)

- Syringes
- Minnesotas
- Mirror
- Cotton Pliers
- Blade Handles
- #1 Woodson elevator
- #9 periosteal elevator
- 301 straight elevator
- Double-Ended Root Tip Pick
- Single Root Tip Pick
- Double-Ended Curette
- #9 Molt currette
- Ronguer
- Suture Scissors
- Hemostat (Needle Holder)

Forceps

- Universal upper and universal lowers
- Cowhorns
- 88L and 88R
- Ash forceps
- Your favorite forceps (i.e., 217's)

Nice to Have

- Handpiece with Burs
- Blades
- Sutures
- Extra Local Anesthetic
- Box of 15 Blades
- Collaplug
- Small Surgicel
- Silver Nitrate
- 27G Needles and Needle Guards
- Extra Gowns
- Extra Chair Barriers
- Extension cord (10 to 25 feet)

ENDODONTICS

**If you have limited access to dental instruments / supplies,
please contact Ben Ricketts, DDS at 317.201.0491 or office@altitudeendo.com.**

Equipment

- Endodontic rotary units with motor and endodontic handpieces
- Apical Foramen Locator (e.g. Root ZX)
- System B or Touch n' Heat
- Obtura unit or Calamus unit (+ Gutta percha pellets, + tips)
- Heat source (e.g., Blazer)

Instruments

- Mouth Props
- Rubber Dam Frames and Forceps
- Rubber Dam Clamps (e.g., #5 /2a /9 /00 /w8 /8a)
- Endodontic explorer
- Finger or Hand Spreader (e.g., D11T)
- Pluggers (e.g. Glick)
- Blue Finger Rings with sponges
- Rotary and Hand Files
- Gutta percha cones (0.04, 0.06 and accessory)
- Paper points

Disposables

- Rubber Dams (Latex and Non- latex)
- Undiluted Bleach (e.g., Clorox)
- Cold testing agent (e.g., Endolce)
- Cavit
- Mini sponges for access openings
- Monoject syringes for solutions
- Irrigation Tips (e.g., 23g / 25g / 27g/ 30g)
- Sealer (e.g. Roth, AH+, RealSeal, etc.)

PEDIATRICS

If you have limited access to dental instruments / supplies,
please contact Kim Kretsch, DDS at 303.204.3848 or kimkretsch@gmail.com.

Follow restorative list.

QUESTIONS? PLEASE CONTACT:

Department	Leads	Cell Phone	Email
Restorative	Bob Meyer, DMD	719.351.2152	bdmeyer@comcast.net
Restorative	Joel Feinberg, DDS	970.396.1921	joelbenton@msn.com
Oral Surgery	Michael Burnham, DDS, MD	303.809.1150	m-burnham@comcast.net
Endodontics	Ben Ricketts, DDS	317.201.0491	office@altitudeendo.com
Pediatrics	Kim Kretsch, DDS	303.204.3848	kimkretsch@gmail.com

Thank you for volunteering at COMOM!